# Wirth Research

# **CIBSE Healthcare Group seminar**

October 18<sup>th</sup>, 2023

#### UNDERSTANDING AIRBORNE INFECTION REDUCTION IN BUILDINGS

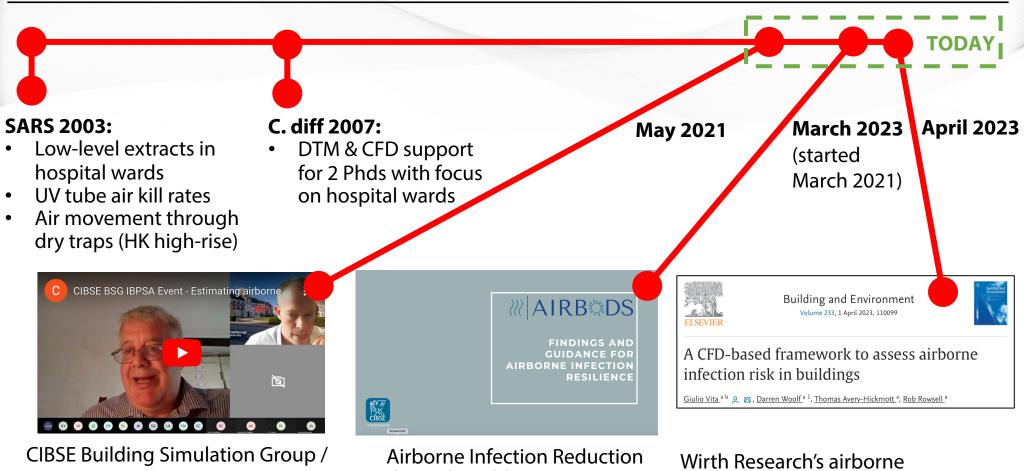
Prof Darren Woolf Head of Building Physics darren.woolf@wirthresearch.com





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### My technical airborne infectious diseases journey



CIBSE Building Simulation Group / IBPSA-England: Estimating airborne infection through simulation and analysis

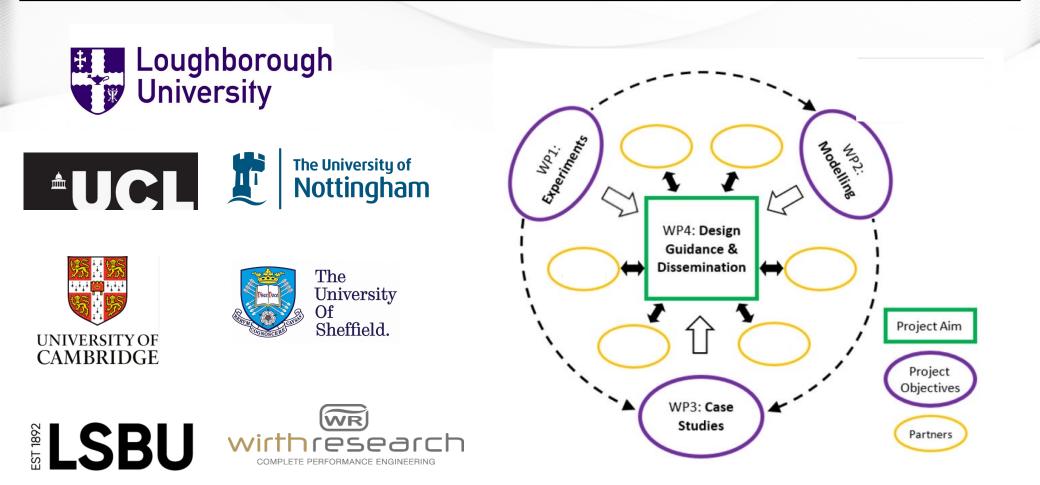
[BSG/IBPSA Event wirthresearch Airborne Infection Reduction through Building Operation and Design (AIRBODS) research programme

#### [AIRBODS Guide]

Wirth Research's airborne infection R&D (<u>openAIR</u>) culminating in Building and Environment paper

[B&E Paper]

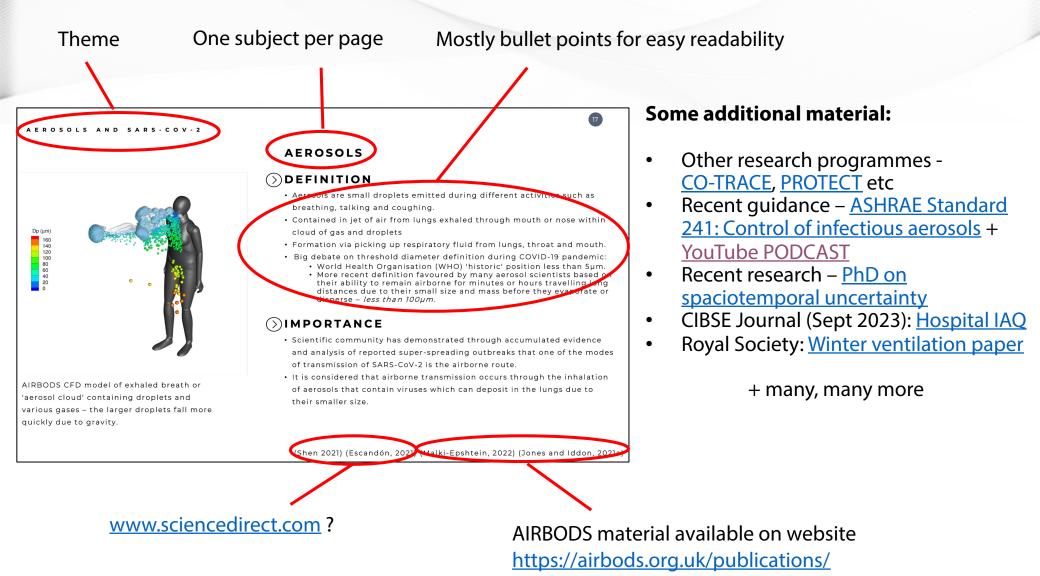
### **AIRBODS** programme



#### **Research Team Organisations**

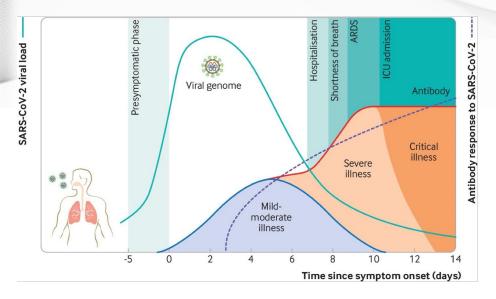
**Measurements**: Monitoring and test chamber **Calculations**: Analytical, computational fluid dynamics (CFD) and dynamic thermal models (DTM)

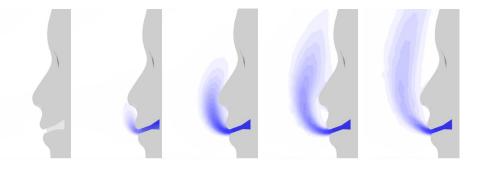
### **AIRBODS** Guide and some additional material





### Airborne infection risk: Quantification, prevention or reduction?





#### **Quantifying risk:**

- Viral load uncertainty (breathed out)
- Infectious dose uncertainty (breathed in)
- Complexity of droplets within ambient environment

#### **Preventing** risk:

- No 100% kill solution
- <u>Absolute</u> term gives sense of safety where it may not exist

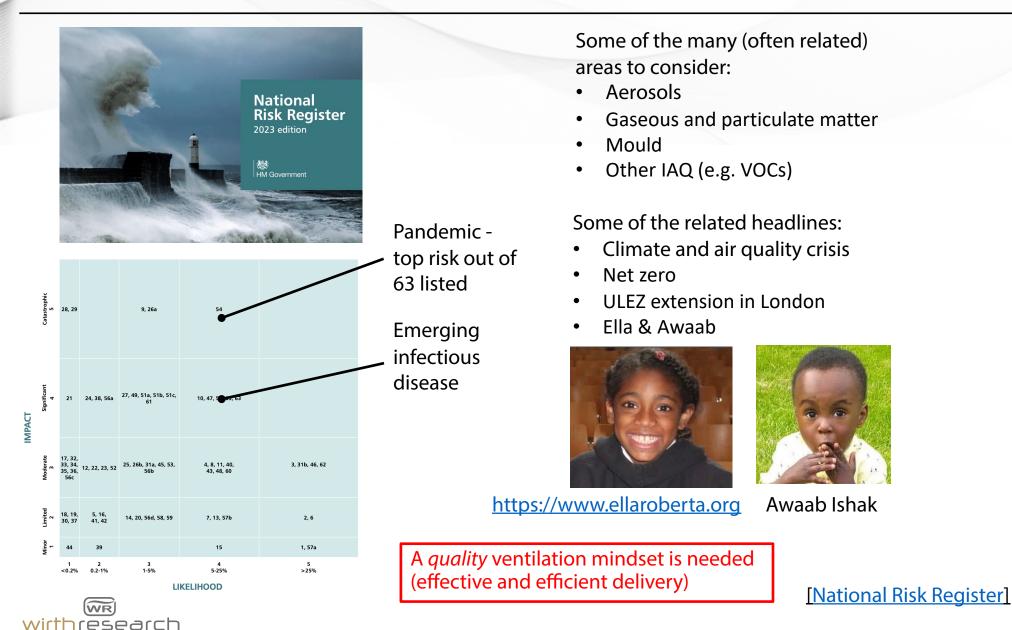
#### Reducing risk:

- <u>Relative</u> term recognises uncertainties and complexities human, ventilation and other building-related factors
- Comparative qualitative assessments over quantitative - high levels of confidence
- Reflected in many calculation methods



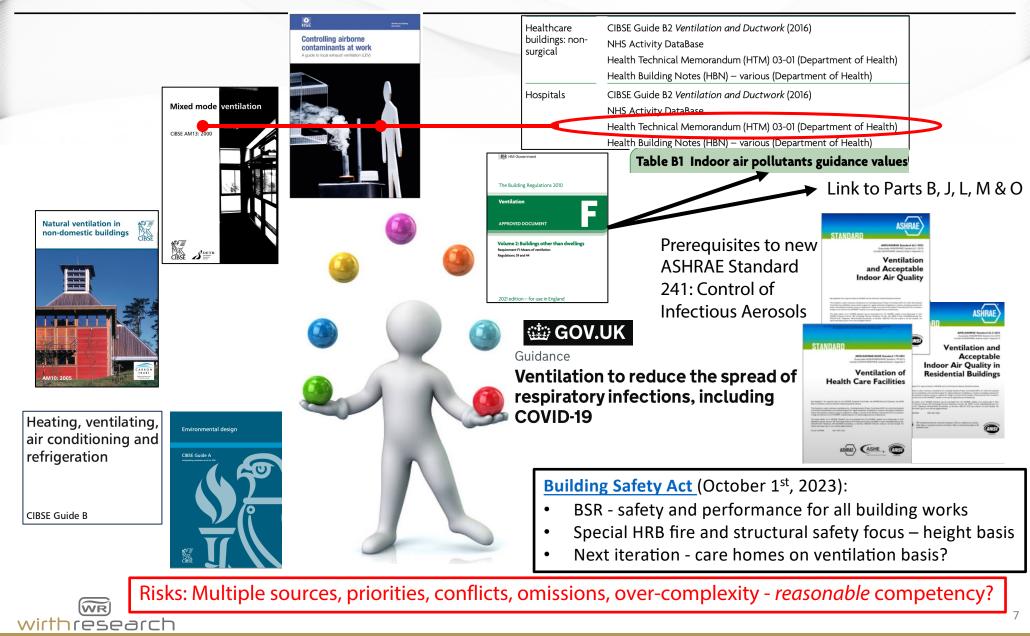
[AIRBODS Guide: pp.17-24, p.123]

# Air kills (or can seriously damage your health)

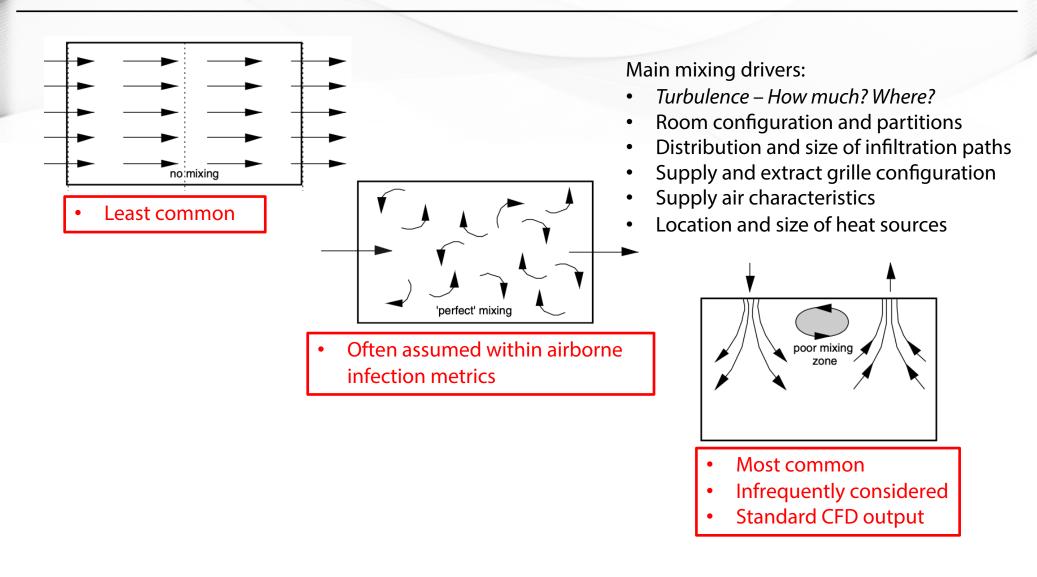


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### The ventilation juggling act

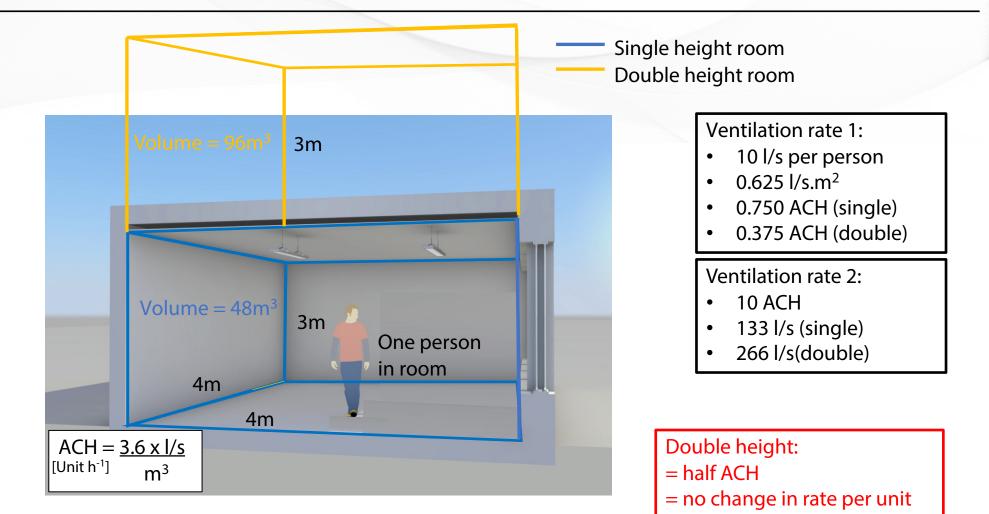


### Air mixing

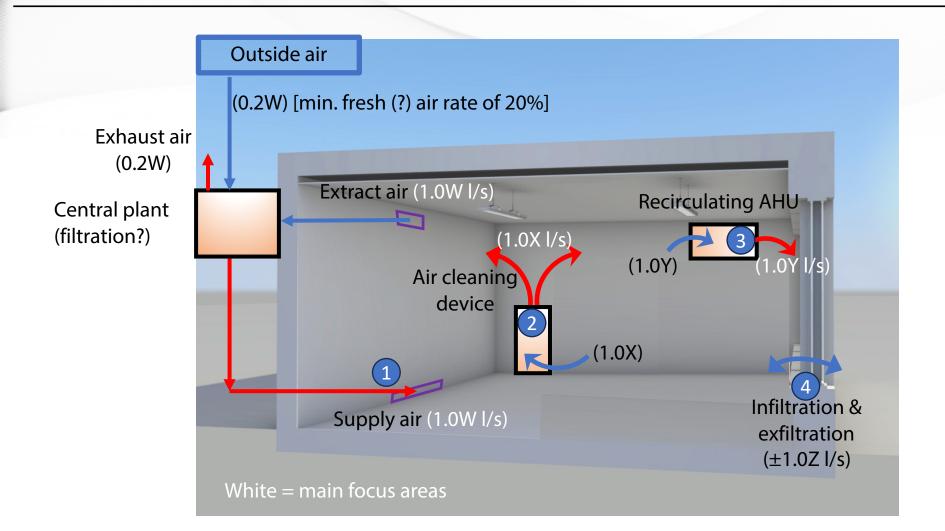


A Guide to Energy Efficient Ventilation, Ch.9 Ventilation Efficiency: AIVC/Martin Liddament, 1996

### The air changes per hour (ACH) conundrum



### **Combining ventilation rates**



*Effective* ventilation rate =  $\bigcirc$  adjusted by  $\bigcirc$   $\bigcirc$  including removal efficiencies



### The ventilation rate challenge: Defined rates and units

#### **Defined rates**

Directly calculated or measured values:

- Supply air flow rate
- Natural ventilation rate
- Outdoor (fresh) air flow rate
- Volume per unit time

Indirect or derived values:

- Effective or equivalent
  - Effective ventilation rate
  - Equivalent outdoor air
  - Equivalent clean airflow
  - Equivalent volume flow rate

Need to understand detail within the definitions – equation level

#### <u>Units</u>

CIBSE Guide A: Supply air flow rates for many spaces **10 l/s per person**. Operating theatre 650-1000 **l/s**. CIBSE Guide B: Uncontrolled vent. infiltration **5 m<sup>3</sup>/h per m<sup>2</sup> of façade**.

Part F (not dwellings):

- Additional to 10 l/s per person provide at least 1 l/s per m<sup>2</sup> of floor area whichever is higher
- Nat vent openings based on min
  % of floor area (not a flow rate).

HTM 03-01: Specialised Ventilation for Healthcare Premises:

Neonates 10 ACH

Flow rate into a space - Six different ways to do the same thing?



### The ventilation rate challenge: Space types and sector rules

#### **Space types**

Examples of critical ventilation systems:

- Operating suites / airborne isolation facilities
- Critical care areas / invasive treatment
- Containment level 3 laboratory
- Pharmacy aseptic preparation facility
- IAP room in a sterile services department
- MRI / CAT / emerging imaging technologies
- Toilets, corridors, atria, cafes etc

Use ventilation typology and space grouping techniques

#### Sector -specific rules (HTM 03-01)

Air supply volumes

**4.63** The <u>minimum air supply volume</u> for a room is determined by the greatest of:

- the minimum fresh air requirement;
- (?) the air required to achieve the room <u>differential pressure</u> and provide open door protection at the key door;
  - the minimum supply volume for the room load as determined by the maximum heating or cooling supply temperature differential;
  - the desired <u>air-change rate;</u>
- (?) the make-up air for a local extract (for example, cooker hood or LEV system).

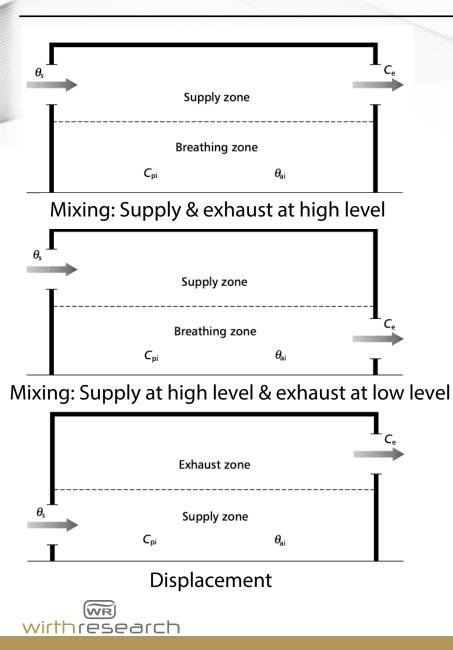
3-5 outputs for each room covering wide range of 'optimum' ventilation strategies

Ventilation juggling act and ventilation rate challenge: Time to go digital?



[AIRBODS Guide: p.31]

### Ventilation performance metrics: Ventilation effectiveness (zonal)



Ventilation arrangement	Temp. difference (/ K) between supply air and room air, $(\theta_s - \theta_{ai})$	Ventilation effectiveness, $E_v$
Mixing; high-level supply	< 0	0.9–1.0
and exhaust	0–2	0.9
	2–5	0.8
	> 5	0.4-0.7
Mixing; high-level supply,	< -5	0.9
low-level exhaust	(-5)-0	0.9-1.0
	> 0	1.0
Displacement	< 0	1.2–1.4
	0–2	0.7-0.9
	> 2	0.2-0.7

- Ventilation effectiveness estimates efficiency that pollutant is diluted or removed
- Assumes each zone is perfectly mixed
- Air change efficiency metrics: 'age of air' mean time taken for air molecules arriving within the domain to travel to the point of interest
- Re-examine zonal metrics most suitable for airborne infection estimations, e.g. local air quality index or use of multiple metrics?

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## Ventilation in healthcare premises – what I see... what do you see?

Are cold wall surfaces drawing contaminated air at high level towards low level in the corners (surface buoyancy effect)?

High ceiling = increased reservoir. Is this good or bad for the limited ventilation rate within given ventilation performance?

Does background room air flow patterns support delivery of outside air to individual breathing zones?

Are screens making crosscontamination and/or local conditions better or worse?

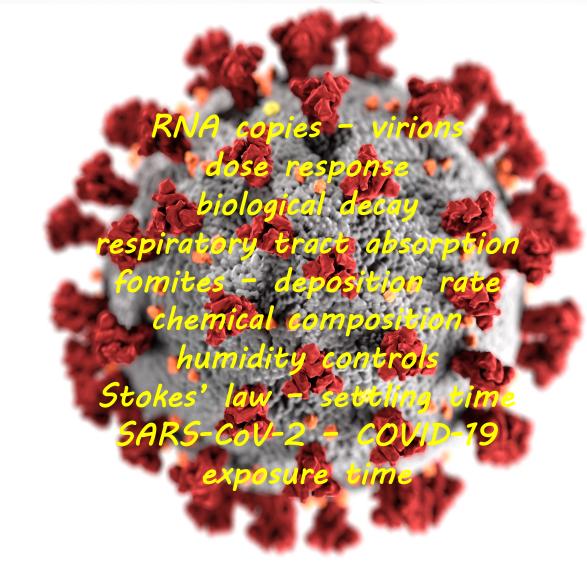
Use bed positioning strategy to minimise cross-contamination -

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Use breathing channels to improve ventilation performance.

Challenge to combine different viewpoints / priorities into all-encompassing strategic plan

### **Beyond ventilation performance**



#### Basics including environmental factors:

• AIRBODS Guide – Chapter 2

#### In-house expertise:

- Deeper understanding
- Wider context
- Time and bandwidth
- Better solutions?

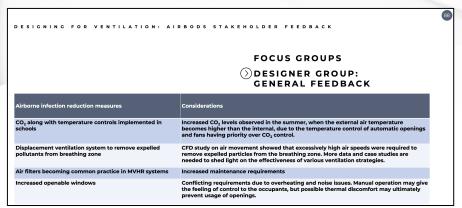
#### 3<sup>rd</sup> party support:

- Relative cost to in-house
- Maintenance and development costs
- Expert sign off or just increased confidence?
- Future guidance should be simplified to ventilation performance on a 'need to know' basis.
- Many defaults & scenario-driven.

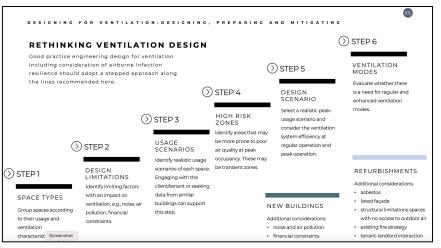


[Aerosols and Transmission of Respiratory Viruses 101 by Linsey Marr ]

#### Be prepared

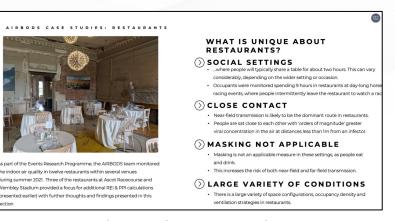


# 1. Feedback from focus groups (designers, operators and non-technical)



3. Start thinking about your plan (new build or refurbishment or just change in operation)

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2. Case studies – Theatres and restaurants guidance transposed to your similar space types?

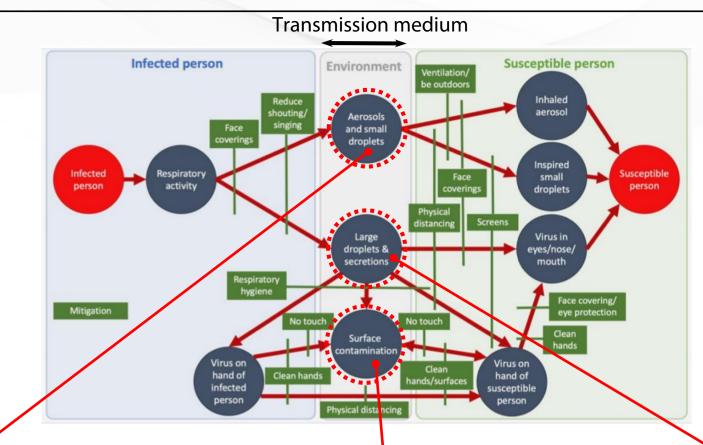
#### 4. Organise **budget and time resource**:

- Learning and training elements
- Select operating and design scenarios
- Clarify and sign-off expectations
- Starter surveys not new build!
- Calculations and measurements (as appropriate)
- Pandemic preparedness and operating plans
- Implementation, monitoring, updates etc

Cost of not doing it? Reputation? Critical business risk?

[AIRBODS Guide: Sect.6.4, Sect.6.5, Ch.9] 16

### Transmission paths guide mitigation solutions



# Long- and short-range airborne transmission:

- Medium and high transmission risk
- Highest superspreading event risk

#### Surface transmission:

- Lowest transmission risk
- Reduced by cleaning

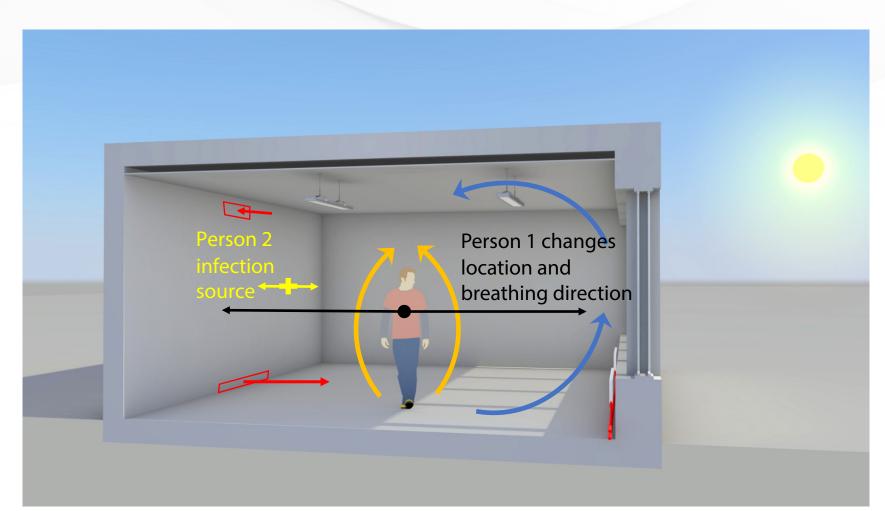
#### Short-range airborne transmission:

- High transmission risk
- Reduced by physical distancing

[CIBSE Air Cleaning Technologies Guide]



### Relative positioning of a person/s to room air movement



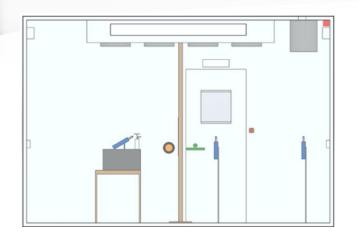
Background air flow pattern from ventilation air flows + surface temperature flows + internal heat gains flows (people, equipment & lights):

- Surface-to-air and air-to-air buoyancy effects
- Changes by hour, day & season

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#### Not is all that it seems... 'dividing screens reduce airborne infection risk'



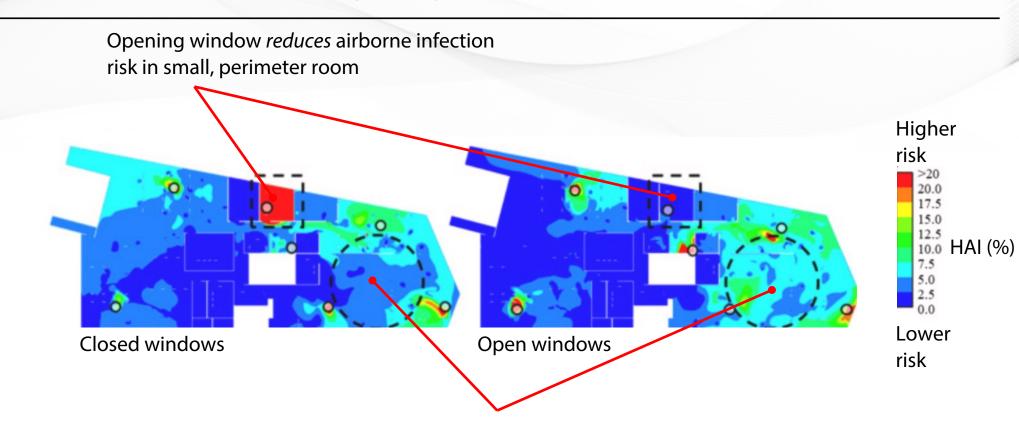
- Ventilation rate and then mixing is far more effective than screens
- Screens can reduce mixing
- More effective reducing larger droplets
- Less effective reducing aerosols
- Consider in situ
- Screens can *increase* number of aerosols reaching a susceptible person

- Practical implications when not to use.
- Protect staff or public more? Both?
- Screen calculations or measurements can support designs.
- Challenging to cover all scenarios create case study library?



[AIRBODS Guide: Sect.6.1, p.80]

### Not is all that it seems... 'opening a window reduces airborne infection risk'



Opening window *could increase* airborne infection risk in large, densely-occupied open plan room when the impact on air movement and mixing is estimated *locally* 

- How important is *local* airborne infection reduction within a specific room?
- What are the 'easy wins' to increase airborne infection resilience such as moving furniture to generate breathing channels?



[B&E Paper: Fig.15]

### **Compliance vs Performance: Natural ventilation**

Guidance: Nat vent (priority No.1) then mixed-mode (No.2) then mechanical (No.3)

#### **Top-hung window** with 100mm gap • Estimate flow rate of 290l/s • $e^{-2}$ • $e^{-2}$

#### Flow of air through two different window types on a hot day

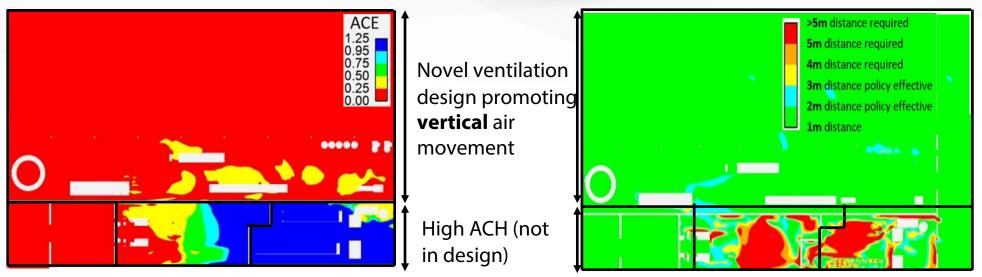
(same internal heat gains, internal configuration & external conditions)

- Effective area of opening includes a pressure loss coefficient
- Zero air temperature difference + zero wind pressure = zero flow rate
  - Full annual compliance?
  - Policing?
  - Exceedance-based time targeting?



### **Compliance vs Performance: Mechanical ventilation**

#### **Guidance: Minimum ventilation rate**



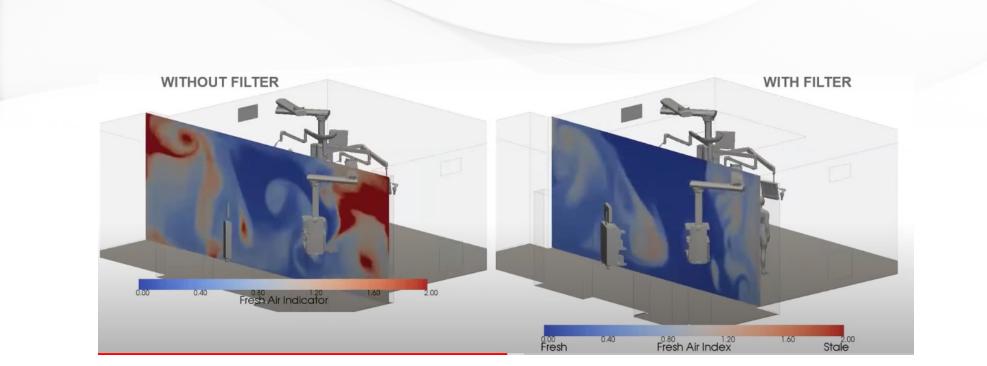
Air change effectiveness

#### Minimum horizontal distance

#### Case study for an occupied food production facility

- Design function: Raw dough skin needing close local controls to ensure good crust formation
- Design strategy: Less horizontal air movement reduces carry distance before adequate dilution
  - Optimising performance including air quality and energy usage 4.7ACH
  - EHEDG guidelines 5ACH minimum
  - If compliance trumps performance, the only acceptable design is sub-optimal!

### Best time and place for airborne infection reduction



#### CFD model of operating theatre with and without an air cleaning device

Logical thought process:

- 1) Operational scenarios wait between patients?
- 2) 'Surface-mounted' ventilation system
- 3) People and equipment obstructing / reducing ventilation performance
- 4) Best practice / practical air cleaning device location
- 5) Performance specifications





## Kills 99.999999999999% of all known germs

#### 'removes 99.9% of viruses in two hours'

- Understanding tolerances, accuracies and sensitivities on surfaces *and* in the air
- Combined surface-air treatment strategy
- Combined capture, removal and/or inactivation strategy
- Natural biological decay in large spaces?
- Kill rates (next slide)

- To what extent can a surface cleaning strategy be reduced by installing a highly-performing ventilation system?
- Reanimation of virus-laden particles off the floor into the air?



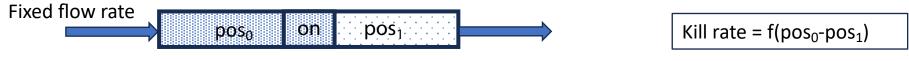




### Testing kill rates



Test 1: Concentration over time in fixed volume (aerosolized pathogen at start)



Test 2: Concentration at one time at a specified flow rate (flow-performance rating curves?)

- Challenge to align test methods with reality and provide modelling performance data.
- 'Actual specific risk' may be unknown surrogates used.
- Challenging to choose appropriate kill rate targets undeveloped.

Single pass Standards and testing facilities to be developed?

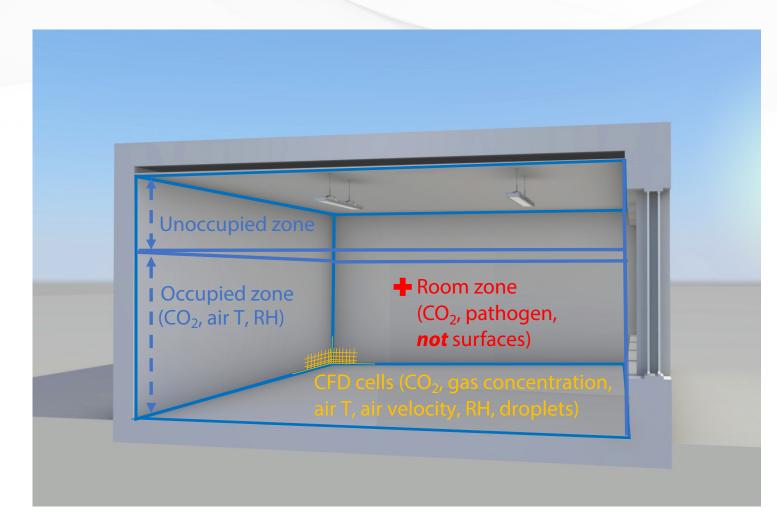


Air Quality Bands	Classif- ication	Range of CO <sub>2</sub> concentrat- ions: Absolute values (ppm)	Range of excess CO <sub>2</sub> concentrat- ions: Above outdoor (ppm)	Be aware of 801ppm when people are exercising or singing !!!???!!!	
At or marginally above outdoor levels	A	400 - 600	0 - 200	excretising of singing	
Target for enhanced aerosol generation (singing, aerobic activity)	В	600 - 800	200 400		
High air quality design standards for offices	с	800 - 1000	400 - 600	Always be aware of 2001ppm !!!???!!!	
Medium air quality	D	1000 - 1200	600 - 800		
Design standards for most schools pre-Covid	Е	1200 - 1500	800 - 1100	• $CO_2$ sensing accuracy ±30ppm (best case)	
Priority for improvement (SAGE EMG)	F	1500 - 2000	1100 - 1600	Limits should trigger discussions on severity	
Low ventilation/dense occupancy. Must be improved	G	>2000	>1600	Banding has role to play but appropriate responses to limits should be clear based upon wider risks	



[AIRBODS Guide: p.32] 26

## Our toolkit: Calculation data points and variables

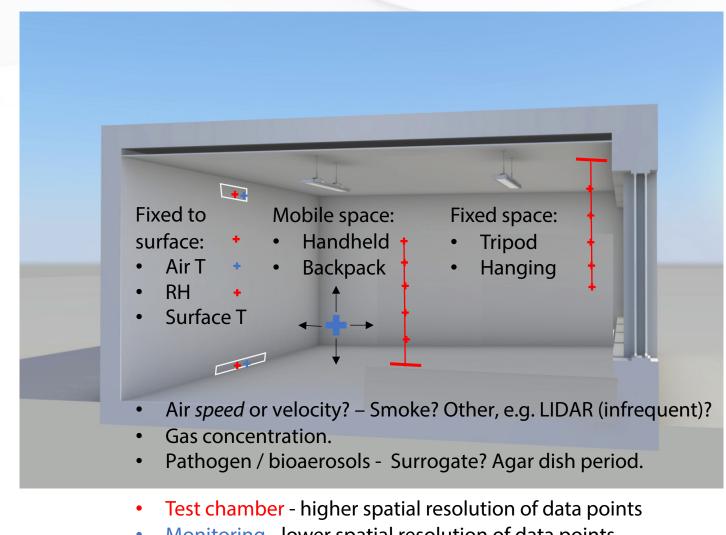


- Analytical model single data point
- DTM 10's of zones (one data point per zone)
- CFD model 10<sup>4</sup> to 10<sup>7</sup>+ data points

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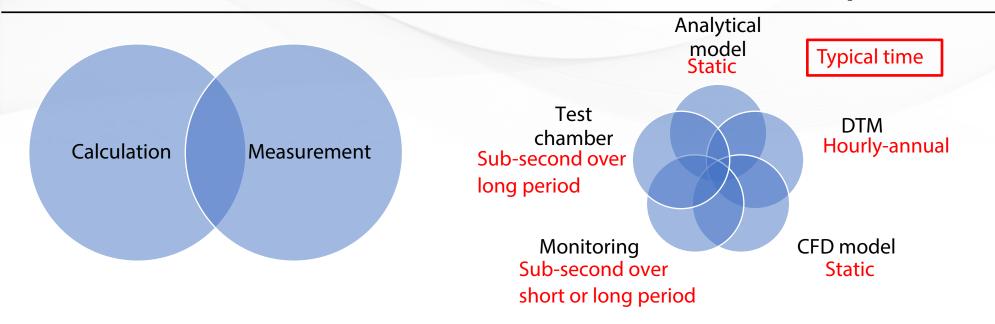
## Our toolkit: Measurement data points and variables



• Monitoring - lower spatial resolution of data points needing 'time plus location' recording if mobile

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## Our toolkit: Calculations and measurements - summary



- Data type (direct or derived values):
  - Physics / biology / chemistry
  - Gas / particulate / droplet / aerosol
- Spatial resolution, scale (metres to micrometres) and distribution
- Behaviour and space dynamics:
  - People moving

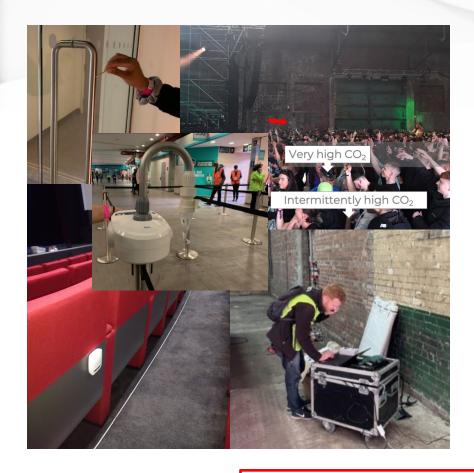
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- Opening window
- Surface temperature (hour-DTM) versus air movement (second-CFD)
- Accuracy, tolerances, simplifications and space-time averaging
- Validation comparative evaluation at common points plus verification

No single calculation or measurement method covers all of space and time - correlation?

#### Measurements



#### **Environmental surveys**

#### CO<sub>2</sub> monitoring:

- Strong relationship between outdoor air, occupancy (numbers and activities) & airborne infection
- CO<sub>2</sub> proxy poorly ventilation and/or overcrowding
- Inexpensive sensors whole building at high resolution air mixing and occupant dynamics

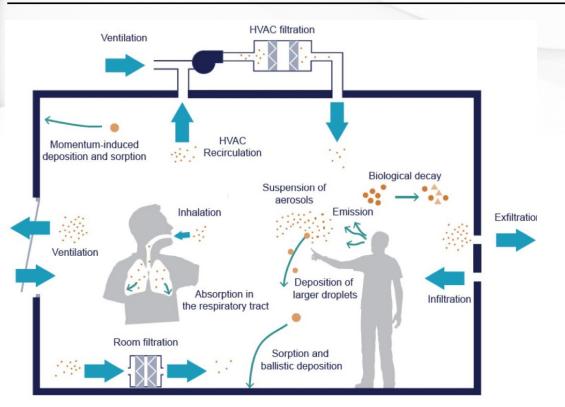
Microbiological sampling:

- Detects specific pathogens in air and on surfaces
- Specialist expertise required
- Data helps identify transmission routes and risks
- Needs existing building and to monitor 'in use'
- Challenging to change operation
- Calibration of fixed sensors over very long periods





### Analytical model: Estimating relative risk



#### Gains:

- Emission from a person (occupancy)
- Entry from outside via ventilation
- Entry from outside via infiltration
- Virus already present in the space

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- Losses:
- Dilution via ventilation (nat vent & mech systems)
- Surface deposition
- Biological decay and UVC denaturing
- Respiratory tract absorption
- Filtration (inc. air cleaning device)

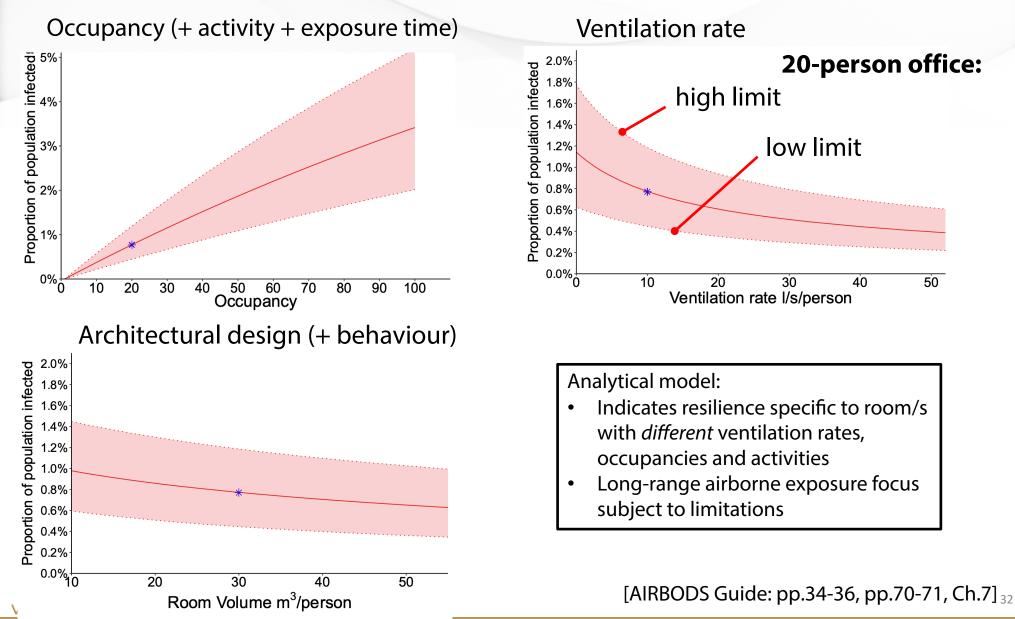
Primary engineering solutions and controls

[AIRBODS Guide: p.24, BSG/IBPSA Event @ 10min, CIBSE Air Cleaning Technologies Guide inc. REI calculator]

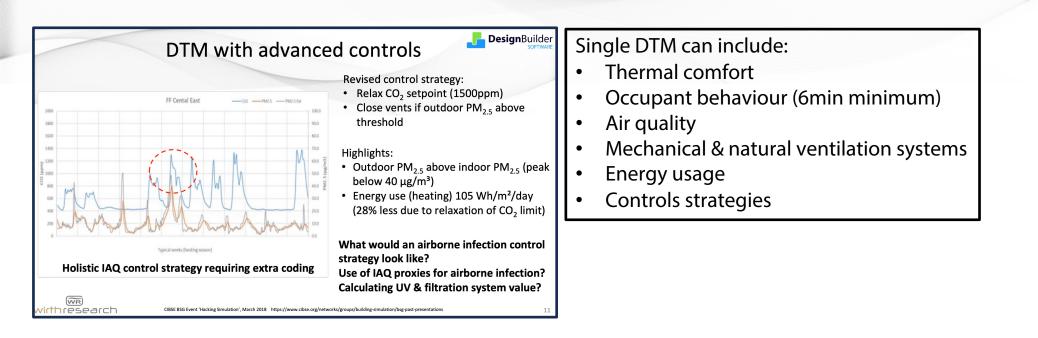
#### Analytical model of Relative Exposure Index (REI) – long-range only

- Mass balance approach concentration of virus in the air to estimate inhaled dose
- Single infector with same viral load for comparative risk

### Analytical model: Sensitivity tests



### Multi-physics & multi-objective DTMs

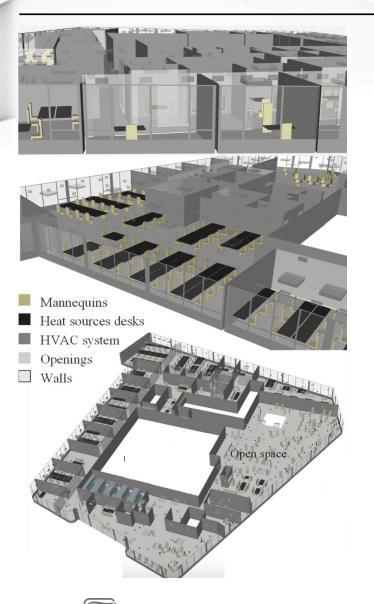


- More models available from new overheating guidance (Approved Doc O for residential)
- Opportunity to develop digital twin supporting 'live' health and safety controls



[BSG/IBPSA Event @ 64min & 80min]

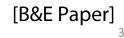
## Detailed CFD models guided by DTMs



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	CFD	Exhaled breath concentration $\xi$	Hourly Airborne Infection <i>HAI</i>	Effect of viral or ambient parameters
•Transient •All heat transfer •All year •CO <sub>2</sub>	•Steady •Convective heat •Multiphase •Summer/winter	•Mannequins •17 emitters •Exh. breath rate	<ul> <li>•Viral load c<sub>v</sub></li> <li>•Resp. Fluid Vol.</li> <li>•<i>HID</i><sub>63</sub></li> <li>•Risk of infection</li> </ul>	•Season •Ventilation rate •Openings $c_p$ •Viral load $c_v$

- Calculation framework with CFD focus
- DTM support design scenarios & surface temperatures
- Hourly Airborne Infection (HAI) rate metric sensitivity of different areas to different viral loads
- High spatial resolution moving of a supply air grille or desk
- Possibly different mitigations from 'mixed zone' methods
- Potential future developments less dependence on infector and susceptible person locations / disease switching



#### Our toolkit: Calculations and measurements - significant challenges

Emission rate / droplet distribution / gradients Capturing air movement with time-location recording Equipment costs and availability beyond CO<sub>2</sub> sensing CO<sub>2</sub> verification and validation (space & time) Integration of analytical models

#### Some spatial, temporal and building science disparities

#### **Experimental / fieldwork**

- Limited measurements sometimes single point by zone
- Sometimes high frequency sampling (not if identification needed)
- Sample resilience from capture to testing
- Proxies versus limited biology & epidemiology at microscale

#### Analytical / simple (?) tools

- Single point / mixed-zone outputs
- Steady state or transient defined by calculation type
- Simple or complex physics

#### **Dynamic thermal modelling (DTM)**

- Multi-mixed-zone DTM (often coarse zones)
- <u>Typically</u> one hour time steps limited to 6min intervals?
- \* Detailed systems models and controls possible
- Good capture of surface temperatures important for buoyancy-driven flows

#### Computational fluid dynamics (CFD) modelling

- Detailed air movement advanced aerosol turbulence / mixing / transport capture
- Mainly steady-state but could be minutes (not practically hours)
- Some detailed source or receptor models possible

Limited biology & epidemiology in tools / models but still useful for design purposes!

Debate around validity of mixed-zone models Over-interpretation on spatial aspects

Surface temperature and thermodynamic effects (running CFD only) Simplifying the advanced biophysics

[BSG/IBPSA Event @ 80min]



### Make hay while the sun shines

Expert calls for future pandemic planning amid 'signals' from bird flu

Professor Devi Sridhar said preparations were needed in case of future disease outbreaks.

#### Lull between pandemics? Aug 2023



How likely is it for respiratory virus transmission to occur via surfaces?



How important is ventilation?

Possibly reduce infection rates by up to 50% against poorly ventilated spaces Oct 2022

National Engineering Policy Centre

Buildings & health Benefits of ventilation Types of ventilation Managing ventilation

# Ventilation matters - why clean air is vital to health

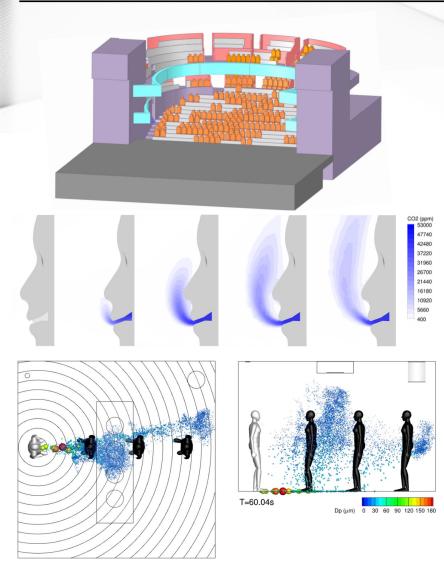
- Balance outside air demand with reduced energy
- Illness, allergy, mould, airborne disease, mental health, sleep, productivity, smells etc <u>RAEng website</u>

Better understanding of holistic value off the back of accelerated R&D is likely to lead to:

- Increased gearing of investments
- Improved decision making

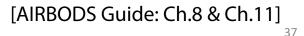


### Airborne infection reduction assessments in the future?



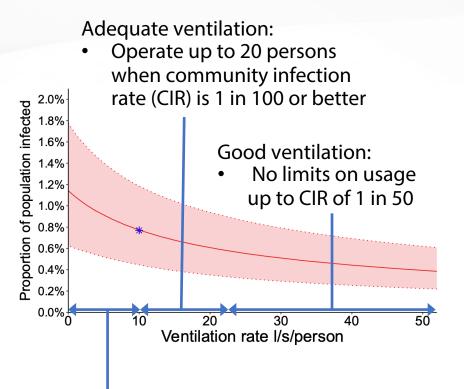
- Standardization within well-defined best practice
- Fully integrated into IAQ assessments
- RIBA Stage integration
- Increased confidence in 'killer products' integration
- Mix of male, female and child
- Improved space-time-occupancy-targeting
- Better validated models simplified for industrial usage
- Clarity on accuracies, tolerances and sensitivities
- Sector-specific guidance common libraries?
- Crowd simulation breathing & people dynamics
- Better-educated & highly-skilled designers and operators





### Airborne infection compliance assessments in the future?

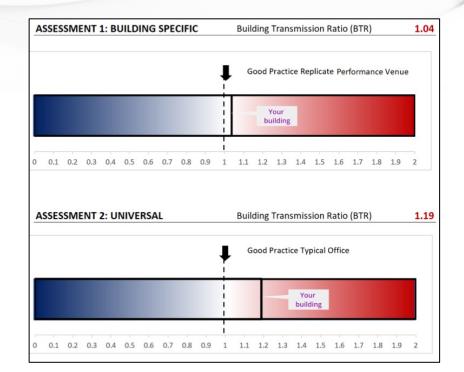
#### Submitted design for 20-person office:



Unsafe ventilation:

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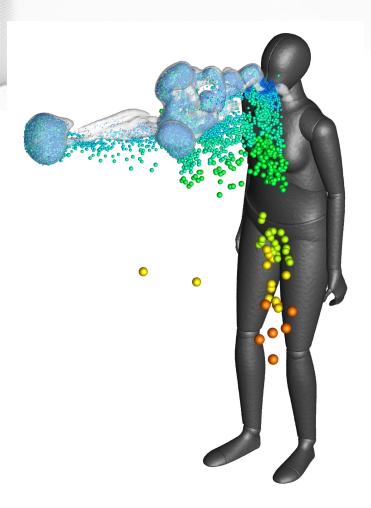
- Not enough outside air entering breathing zone
- Multi-metrics indicate unsafe operation for intended use
- Change use or improve ventilation performance



BODS (Building Operation and Design Support) Tool - Lessons from energy rating systems?

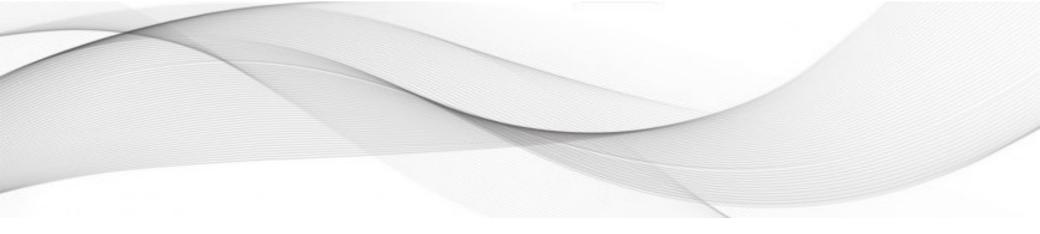


### Some additional thoughts



- AIRBODS experts with different skills sets integrated into one team significant challenge for industry
- Siloed engineering and procurement of services
- How can we ensure that the lessons not learnt from SARS 2003 aren't repeated?
- Competency and health & safety requirements
- Value of research in pandemic is lower than if completed beforehand make hay!





# Any Questions?



